



143 The Canopy Menu

<https://menulist.menu>

143 High Street Epsom, Surrey KT19 8EH, United Kingdom
(+44)1372745330 - <http://www.143thecanopy.com/>



On this website, you can find the **complete menu** of **143 The Canopy** from Epsom. Currently, there are **32** dishes and drinks available. For seasonal or weekly deals, please contact the restaurant owner directly. You can also contact them through their website. What [Sasha Walker](#) likes about 143 The Canopy: Great Food, had the Lamb Shank African style, amazing flavours on creamed mash potato kale stir fried with red onions garlic, no room for pud, tried their Malbac all in all good show [read more](#). The place also offers the possibility to sit outside and be served in nice weather, And into the accessible rooms also come clientele with wheelchairs or physiological disabilities. What [Freddie Walker](#) doesn't like about 143 The Canopy: We visited on a sunny day and there was plenty of outdoor seating, although we chose the table offered to us inside. Our choice of food began with the main course and we enjoyed a large portion of pie of the day (steak and guinness), [seafood](#) risotto and fresh sea bream. All dishes were well cooked, delicious. There was a good wine list which included some reasonably priced choices. None of us had room for dessert but... [read more](#). At 143 The Canopy, *scrumptious menus from international cuisine* are freshly cooked for you, Likewise, the guests of the establishment prefer the comprehensive selection of differing coffee and tea specialities that the establishment provides. Moreover, there are numerous **typically British** meals on the card that are guaranteed to excite every Englishman's taste buds, and you can look forward to the delicious classic [seafood](#) cuisine.

143 The Canopy Menu



Alcoholic Drinks

GUINNESS

Starters & Salads

RISOTTO

Main Course

SEA BASS

Mexican dishes

CHILLI

Cereals

STARTER

Dinner Entrées

LAMB SHANK

Drinks

DRINKS

Coffee

ESPRESSO MARTINI

COFFEE

Restaurant Category

BAR

DESSERT

These types of dishes are being served

LAMB

STEAK

Dessert

STICKY TOFFEE PUDDING, SALTED CARAMEL ICE- CREAM

SURREY SUSSEX CHEESE BOARD, BISCUITS HOMEMADE SEASONAL FRUIT CHUTNEY

CHRISTMAS PUDDING ETON MESS

Main Plate

STEAK GUINNESS MUSHROOM PIE

SLOW COOKED BRAISED BLADE OF BEEF, SHALLOTS RED WINE JUS

STUFFED AND ROASTED TURKEY, CHIPOLATA, SMOKED BACON, DUCK FAT ROASTIES, THICKENED ROASTING JUS

PAN FRIED SEA BASS FILLET, CREAMED POTATO, SAMPHIRE, BROWN SHRIMP DRESSING

VEGETABLE GARDEN RISOTTO, MINT, LEMON CREAM

Dishes are prepared with

GARLIC

POTATOES

ONIONS

KALE

SEAFOOD

Starters

CLASSIC PRAWN CRAYFISH COCKTAIL, MARIE ROSE SAUCE, RYE BREAD*

PEPPERED SMOKED MACKEREL FISHCAKES, MANGO SALSA

SWEET POTATO BUTTERNUT, SQUASH, ROSEMARY CHILI OIL SOUP

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**SWEET POTATO BUTTERNUT SQUASH,
ROSEMARY CHILI OIL SOUP**

**CHICKEN LIVER ORANGE COGNAC
PARFAIT, TOASTED RYE BREAD**

**BRUSCHETTA OF GOATS CHEESE, SUN-
KISSED TOMATOES, BASIL PINE NUTS**



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143 High Street Epsom,
Surrey KT19 8EH, United
Kingdom

Opening Hours:

Tuesday 10:00-12:00 11:30-15:00
18:30-21:00

Wednesday 10:00-12:00 11:30-15:00
18:30-21:00

Thursday 10:00-12:00 11:30-15:00
18:30-21:00

Friday 10:00-12:00 11:30-15:00 18:30-
21:00

Saturday 10:00-12:00 11:30-15:00
18:30-21:00

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