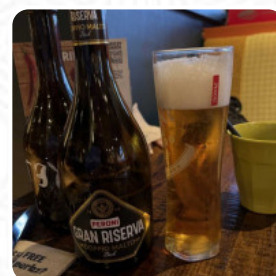


Zizzi - Loughton Menu

<https://menulist.menu>

2 Church Hill Loughton, Essex IG10 1LA, LOUGHTON, United Kingdom
(+44)2084189489 - <https://www.zizzi.co.uk>



Here you can find the [menu](#) of Zizzi - Loughton in LOUGHTON. At the moment, there are 36 menus and drinks on the menu. You can inquire about **changing offers** via phone. What [Jeremy Martin](#) likes about Zizzi - Loughton:

My twins 15. Birthday. 8 of my family celebrated with them. Nice food new menu all very enjoyed it. To share your own birthday cake that the lady brought to the table with illuminated candles and plates and forks [read more](#).

What [Pete Price](#) doesn't like about Zizzi - Loughton:

The restaurant had no record of our booking, which was not a good start. However, they were able to accommodate us even though they were busy. The staff was attentive and friendly. [read more](#). Zizzi - Loughton from LOUGHTON serves *tasty, light digestible Mediterranean cuisine* with its characteristic meals, At the bar, you can relax with a cool beer or other alcoholic and non-alcoholic drinks. There's also tasty [pizza](#), baked straight from the oven using original methods, Forbreakfast a **hearty brunch** is offered here.

Zizzi - Loughton Menu



Alcoholic Drinks

BEER

Appetizers

GARLIC BREAD

Main courses

TOPPINGS

Snacks

BRUSCHETTA

Vegetarian dishes

TENDERSTEM BROCCOLI

Dessert

LEMON SORBET

Sweet

STRAWBERRY SORBET

Dinner - Sides

TUSCAN POTATOES

Drinks

DRINKS

Desserts & Gelato

VEGAN DESSERT CALZONE

Restaurant Category

VEGAN

Salads

LETTUCE

SALAD

Pasta

RAVIOLI

SPAGHETTI POMODORO

Pizza

VEGAN RUSTICA MARGHERITA

VEGAN CLASSIC MARGHERITA

VEGAN NON-GLUTEN CLASSIC
MARGHERITA

These types of dishes are being served

PIZZA

SALAD

FISH

PASTA

Dishes are prepared with

CHEESE

COCONUT

CARROTS

MEAT

POTATOES

GREEN BEANS

Uncategorized

NOCELLARA GIGANTI OLIVES

COCONUT AND CHOCOLATE RIPPLE

Zizzi - Loughton Menu



VEGAN LENTIL RAGU
ITALIAN NAKED SLAW
ZIZZI MIXED OLIVES

ZIZZI SPICY NUTS
**MIXED LEAF, TOMATO AND SPRING
ONION SALAD**
GREEN GODDESS BROCCOLI SALAD

Zizzi - Loughton Menu



Zizzi - Loughton

2 Church Hill Loughton, Essex
IG10 1LA, LOUGHTON, United
Kingdom

Opening Hours:
Monday 11:30-23:00
Tuesday 11:30-23:00
Wednesday 11:30-23:00
Thursday 11:30-23:00
Friday 11:30-23:30
Saturday 11:30-23:30
Sunday 11:30-22:30

Made with menulist.menu

