



https://menulist.menu Paddington Central, 10 Sheldon Square, London, W26EZ, United Kingdom (+44)2072898849,(+44)2072892516



<u>The Menu</u> of Tossed from London includes about 73 different menus and drinks. On average, you pay for a dish / drink about £5. What <u>Ardith Lakin</u> likes about Tossed:

Very good for health conscious people and lots of variety for vegetarians. The halloumi is to die for and can be added/swapped for protein in most meals. Currently have a 50% off on vegetarian meals..ending on 26th. <u>read</u> <u>more</u>. At Tossed in London, you get a *abundant brunch* for breakfast and you can eat as much as you want indulge, the menu also includes <u>fine vegetarian meals</u>. As a rule, most meals are prepared in a short time for you and served.

| Non alcoholic drinks | | Coffee and Tea |
|-----------------------|----|-------------------|
| SPARKLING WATER | £1 | ENGLISH BREAKFAS |
| Salad | | House Smoothi |
| CREATE YOUR OWN SALAD | £7 | GREEN DREAM |
| Fajitas | | Condiments and |
| CHIPOTLE FALAFEL | £7 | CURRY |
| Dessert | | Boosters |
| BERRY CHEESECAKE | £5 | IMMUNE BOOST |
| Cocktails | | Cheesy |
| PASSIONISTA | £5 | GREEK HALLOUMI |
| Halloumi | | Create Your Ou |
| HALLOUMI | | Wraps |
| Spirits | | CREATE YOUR OWN |
| AMERICANO | £2 | Supreme (Larg |
| Poultry | | STRAWBERRY SUPR |
| CHICKEN CHIPOTLE | £7 | Little Soldiers C |
| | | Menu (Include |
| Warme Getränke | | JUMBO FISH FINGER |
| CAPPUCINO | £2 | |
| Cocktails & Aperitifs | | Healthy Grains |
| BERRY PUNCH | £5 | Salads |
| BERRIFONCI | 23 | SUPER KALE |
| Juice | | All-Natural Ch |
| ACG | £5 | ITALIAN MOZZARELL |
| | | |



| ENGLISH BREAKFAST TEA | £1 |
|------------------------------|----|
| House Smoothies | |
| GREEN DREAM | £5 |
| Condiments and Sauces | |
| CURRY | |
| Boosters | |
| IMMUNE BOOST | £5 |
| Cheesy | |
| GREEK HALLOUMI | £7 |
| Create Your Own Salad ar | nd |
| Wraps | |
| CREATE YOUR OWN WRAP | £7 |
| Supreme (Large) | |
| STRAWBERRY SUPREME | £5 |
| Little Soldiers Children's | |
| Menu (Includes Ice-Cream | |
| JUMBO FISH FINGER | £6 |
| Healthy Grains and Deli | |
| Salads | |
| SUPER KALE | £5 |
| All-Natural Cheeses | |

ZZARELLA

| Restaurant Category | |
|---------------------|--|

VEGETARIAN

Dishes are prepared with TRAVEL

These types of dishes are being served

SALAD

| Poke, Salads & Warm Bowls | | |
|---------------------------|----|--|
| GREEK AVOCADO | £7 | |
| Healthy Snacks* | | |
| POPCHIPS BBQ | £1 | |
| Smoothies | | |
| MUSCLE BUILDER | £8 | |
| PEANUT BUTTER PROTEIN | £5 | |
| Sandwiches | | |
| CHIPOTLE CHICKEN | £7 | |
| ITALIAN CHICKEN | £7 | |
| Soft drinks | | |
| ORANGE JUICE | £4 | |
| WATER | | |
| Теа | | |
| FRESH MINT TEA | £1 | |
| GREEN TEA | £1 | |
| | | |



| Coffee | |
|----------|----|
| ESPRESSO | £1 |
| LATTE | £2 |
| | |

Popular Items

| SMOOTHIES | |
|-------------|----|
| COKE BOTTLE | £2 |

Uncategorized

| CHICKEN MIGHTY MEXICAN | £7 |
|--------------------------------------|-----------|
| PROTEIN BALLS PEANUT BUTTER | £3 |
| FALAFEL MIGHTY MEXICAN | £7 |
| CHICKEN SPICY SUPERVEG | £7 |
| HALLOUMI SPICY SUPERVEG | £7 |
| FALAFEL SPICY SUPERVEG | £7 |
| CHICKEN CLEAN COCONUT CURRY | £7 |
| ROASTED ROOTS CLEAN COCONUT CURRY | £7 |
| CHICKEN HEARTY HOUMOUS | £7 |
| HALLOUMI HEARTY HOUMOUS | £7 |
| FALAFEL HEARTY HOUMOUS | £7 |
| YOGHURT YUMMIES | £2 |
| SALT & PEPPER CASHEWS | £2 |
| POPCHIPS SMOKY BACON | £1 |
| BOUNTY BEAST | £5 |
| MUSCLE MARATHON | £5 |
| GYM GREENS | £5 |
| POPCHIPS SALT & VINEGAR | £1 |
| POPCHIPS ORIGINAL | £1 |
| AVOCADO KALE CAESAR SALMON | £7 |
| CHICKEN, BACON & AVOCADO | £7 |
| FALAFEL CHIPOTLE | £7 |
| FAIRTRADE HOT CHPC | £2 |

| SUPERBERRY TEA | £1 |
|------------------------------|-----------|
| 65 CAL FLAT LIGHT | £2 |
| SALMON GREENS & GRAINS | £8 |
| HALLOUMI & ROASTED VEG | £6 |
| AVOCADO KALE CAESAR CHICKEN | £7 |
| PROTEIN BALLS GOJI & COCONUT | £3 |









Paddington Central, 10 Sheldon Square, London, W26EZ, United Kingdom **Opening Hours:** Monday 07:00-18:00 Tuesday 07:00-18:00 Wednesday 07:00-18:00 Thursday 07:00-18:00 Friday 07:00-16:00



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