



## ***Atlantic And Grill Menu***

<https://menulist.menu>  
63 Duke St, Saint Helens, United Kingdom  
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Here you can find the menu of Atlantic And Grill in Saint Helens. At the moment, there are 79 menus and drinks on the card. You can inquire about seasonal or weekly deals via phone. What [Summer Griffiths](#) likes about Atlantic And Grill:

The staff were so friendly and attentive. The food is also great. We got a share platter for 4 people and it was a lot of food. I really enjoyed the starters too especially the hummus and halloumi. The cheesy garlic bread was great!! I would be happy to dine here again [read more](#). A roundtrip through Great Britain without getting on a plane is easily possible when it comes to culinary delights: Atlantic And Grill in Saint Helens traditionally shines for example with Fish and Chips, mashed potatoes or roast with Yorkshire Pudding and as dessert a fine Trifle, Here, the **barbecue** is freshly *grilled* on an open flame. You can also look forward to tasty vegetarian cuisine, The guests also rave about the fine, airy flatbread that can be dipped into the homemade hummus or a yoghurt dip; the unusual combination of figs with goat cheese is also one of the delights from the diverse cuisine of the **Middle East**.

# Atlantic And Grill Menu



## Salads

SALAD

## Non alcoholic drinks

VIMTO £0

## Appetizers

CHEESY GARLIC BREAD

## Mains

KING PRAWN LINGUINE £0

## Drinks

TANGO ORANGE £0

## Starters & Salads

POTATOE CHIPS £0

## Chicken dishes

CHICKEN MUSHROOM RAGU £0

## Halloumi

HALLOUMI

## Soft drinks

DIET COKE £0

## Tapas

SALT PEPPER CALAMARI £0

## Main Course

CHICKEN IN GARLIC £0

## Penne

PENNE ARABIATA £0

## Saucen, Chutneys & Extras

GRAVY

## Pizza bread

KNOBLAUCHBROT

## Mexikanische-Gerichte

MEXICAN CHICKEN £0

## Beers

BOTTLE BUDWEISER £0

## Steak Hits

MEXICAN STEAK £0

## Carni di Manzo - vom Rind

MIXED GRILL

## Donnerstag - Pasta Factory

LINGUINE CARBONARA £0

## Lasange

LASANGE £0

## Tostadas

CHICKEN AND CHORIZO £0

## Nibbles

HALLOUMI FRIES £0

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## Seafood Specialties

GARLIC KING PRAWN £0

## Medium Pizzas

MAGRITTE PIZZA £0

## 8" Pizzas

FULL HOUSE PIZZA £0

## Starters and Breads

CHEESE AND CHIPS £0

## Condiments and Sauces

HUMMUS

## Hot Eats

MEATBALL WITH CHEESE £0

## Pellegrino

COKE ORIGINAL £0

## Deluxe Sushi Roll

KING PRAWN TEMPURA £0

## Restaurant Category

BBQ

## Dishes are prepared with

GARLIC

## Soft Italian drinks

7UP LEMONADE £0

## Uncategorized

HALLOUMI AND MUSHROOM BURGER £0

## Burgers

CLASSIC GOURMET BURGER WITH CHEESE £0

LUXURY CAJUN CHICKEN BURGER £0

## Sunday Lunch

BAKED HONEY GAMMON £0

28 DAY MATURED IRISH BEEF RUMPS £0

## Picked for You

AMERICAN CHEESE BURGER WITH BACON AND ONION RINGS £0

STEAK IN BLACK PEPPER £0

## Rump Steak Dishes

STEAK IN GARLIC £0

STEAK MUSHROOM RAGU £0

## Pork Dished

PORK LION IN BLACK PEPPER £0

PORK LION WITH SWEET CHILLI £0

## These types of dishes are being served

LAMB

BREAD

## Pasta

LINGUINE AND MEATBALLS £0

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- PENNE BOLOGNESE £0
- LINGUINE WITH CHICKEN AND CREAMY MUSHROOM SAUCE £0

## Side dishes



- SALT PEPPER CHIPS £0
- SWEET POTATO FRIES £0
- MEDITERRANEAN RICE £0

## Vegetarian dishes

- STIR FRY BROCCOLI WITH GARLIC AND CHILLI £0
- STIR FRY GARLIC WITH GREEN BEAN £0
- STIR FRY MIXED VEGETABLE WITH CHILLI GARLIC AND TERIYAKI SAUCE £0

## APPETISER

- SALT PEPPER CHICKEN STRIPS £0
- GARLIC BREAD CHEESE 10" £0
- GARLIC BREAD 10" £0

## Alcohol Beer and Cider

- BOTTLE KOPPARBERG £0
- BOTTLE COORS LIGHT £0
- BOTTLE SAN MIGUEL £0

## Pizza

- HAM AND PINEAPPLE PIZZA £0
- PEPPERONI PIZZA £0
- CHICKEN AND MUSHROOM PIZZA £0
- CREATE YOUR OWN PIZZA £0

## Wine

- LE CELLIER RED (FRANCE) £0
- LE CELLIER ROSE (FRANCE) £0
- LE CELLIER WHITE (FRANCE) £0
- BOTTLE PROSECCO 70CL £0

## Seafood dishes

- SALMON LEMON DILL SAUCE £0
- KING PRAWN IN BLACK PEPPER £0
- KING PRAWN GARLIC AND CHILLI £0
- KING PRAWN WITH SWEET PAPRIKA £0
- SWEET CHILLI SALMON £0

## Stone Pizzas

- CHICKEN AND CHORIZO WITH ONION £0
- VEGETABLE PIZZA £0
- STEAK AND PEPPER PIZZA £0
- CHICKEN WITH SWEETCORN PIZZA £0
- PEPPERONI, CHORIZO, ONION AND PEPPER £0

# *Atlantic And Grill Menu*



## *Atlantic And Grill*

63 Duke St, Saint Helens, United Kingdom

**Opening Hours:**  
Tuesday 17:00-21:00  
Wednesday 17:00-21:00  
Thursday 17:00-21:00  
Sunday 14:30-20:30

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