



Mem & Laz Menu

<https://menulist.menu>

8 Theberton Street, London, N10QX, United Kingdom

+442072262211,+442077049089 - <https://www.memlaz.co.uk>

The menu of Mem & Laz from London includes 136 dishes. On average, **dishes or drinks on [the menu](#)** cost about £16. The categories can be viewed on the menu below. What [E](#) likes about Mem & Laz:

Came for dinner with a group. Booking in advance is highly recommended to avoid disappointment. The food and service is very good. The mixed meze was excellent and the portions are generous. The main courses are also good and the the menu is extensive, so there's always something for everyone. [read more](#). What [Sheila M](#) doesn't like about Mem & Laz:

We didn't have a very good experience here. Went for a 21st birthday party in March. We were seated downstairs near the toilets. : Was a table for 20 of us. The food was over cooked, bland and very basic for the price. Worse of all there was no ventilation at all and 15 of us caught coronavirus the next week. Could and should do much better. Very disappointed. [read more](#). Mem & Laz from London offers **delectable, good Mediterranean cuisine** with its typical courses, It's possible to chill out at the bar with a cool beer or other alcoholic and non-alcoholic drinks. In addition, they offer you tasty [seafood](#) dishes, Likewise, the guests of the restaurant prefer the extensive variety of differing *coffee and tea specialities* that the restaurant provides.

Mem & Laz Menu



Soups

SOUP OF THE DAY £8

Pasta

SPAGHETTI NAPOLITANA £14

Mains

SEAFOOD LINGUINE £19

Main courses

CHAR-GRILLED LAMB CHOPS WITH RICE £25

Extras

HOMEMADE TURKISH BREAD £2

Snacks

BRUSCHETTA £9

Sandwiches

SPINACH WRAPS £16

Chicken

ROAST CHICKEN £19

Sauces

TZATZIKI £7

House specialties

SAUTEED MIXED SEAFOOD £21

Beef

PEPPER STEAK £38

Sauce

CREAM SAUCE

Greek specialties

MOUSSAKA £17

Beers

BOTTLE £1

Kids Meal

CHAR-GRILLED FILLET OF SALMON £24

Toppings

FRESH TOMATOES

Pide's

VEGETARIAN PIDE £16

Pides

CHEESE PIDE £14

Contorni

ROCKET PARMESAN SALAD £6

Dessert And Beverages

PROFITEROLES SCURO £9

Rose

LA MAGLIA ROSA PINOT GRIGIO BLUSH, ITALY £34

Red Wines

YAKUT, TURKEY £31

Mem & Laz Menu



Hot Dishes

SALMON FISHCAKES £10

Bottles & Cans

STELLA ARTOIS, BELGIUM £5

Turkish specialties

LAHMACUN £11

Pub Classics

BANGERS AND MASH £17

While You Wait

MARINATED MIXED OLIVES £5

To End

WARM PECAN PIE £9

Turkish Pide

TURKISH SAUSAGE PIDE £16

Lahmajoun & Pide (Stuffed Dough Dishes)

FETA CHEESE PIDE £16

South City Specialties

PAN FRIED CHICKEN LIVERS £17

Dinner - Mains

ROASTED AUBERGINE £16

From Oven

MINCED MEAT PIDE £17

Side Lines

CURLY CHIPS £5

Pide (Turkish Pizza)

DICED LAMB PIDE £18

Red Wines (75 cl)

CHIANTI RISERVA CASTELLANI, ITALY £39

Mixed Platters 80\$

MIX MEZZE £12

Bottle Fruit Juice

APPLETISER £4

SPAGHETTI - PASTA STATION (the photo is indicative)

MEATBALLS SPAGHETTI £17

Stove Oven Flatbreads

ROASTED LAMB £21

Anatolian Pizzas / Pides

SPINACH PIDE £16

Mash & Rice

PLAIN MASH £5

Mem & Laz Menu



Upscale Appetizers

FILO PARCELS £8

Rose Wine (75cl)

TERRE FORTI SANGIOVESE
ROSATA, ITALY £29

Beverages, Chips, Cookies

CHIPS £5

Salads

GREEK SALAD £9

WARM CHICKEN SALAD £17

Appetizers

GARLIC BREAD £6

GARLIC MUSHROOMS £5

Salad

GREEN SALAD £5

MIXED SALAD £5

Soft drinks

DIET COKE £3

COCA-COLA £3

Seafood dishes

MARINATED CHAR-GRILLED FILLET
SEA BASS £24

CREAM SEAFOOD PASTA £20

Pide

HALLOUMI PIDE £16

MARINATED CHICKEN PIDE £17

Platers

PLATER 1 (IDEAL FOR 2-3 PEOPLE) £66

PLATER 2 (IDEAL FOR 4-6 PEOPLE) £80

Ingredients Used

PARMIGIANA £16

BASMATI RICE

These types of dishes are being served

MUSSELS £12

ROAST BEEF £23

Non alcoholic drinks



FANTA £3

SPRITE £3

SEVEN UP £3

Drinks

MINERAL STILL WATER £3

MINERAL SPARKLING WATER £3

CAN

Side Orders

RICE (8) £4

PLAIN MUSHROOMS £5

HOMEMADE YOGHURT £5

Vegetarian dishes

MEM'S PASTA £16

Mem & Laz Menu

VEGETARIAN MIX MEZZE £21

CHAR-GRILLED MARINATED
MEDITERRANEAN VEGETABLES £16

Bottled Beers

EFES PILSNER, TURKEY 33CL £5

CORONA, MEXICO 33CL £5

PERONI, ITALY 33CL £5

Champagne (75cl)

BARON DE VILLESBOERG BRUT NV,
FRANCE £81

MOET CHANDON BRUT NV,
FRANCE £110

LAURENT PERRIER CUVÉE ROSE
BRUT NV, FRANCE £124

Uncategorized

33CL

75CL £2

FRESH CREAM SAUCE

BED OF MASH POTATO

Dessert

HOMEMADE BAKLAVA £9

PLAIN BAKED TRADITIONALLY
CHEESE CAKE £9

HOMEMADE APRICOT APPLE
ALMOND CRUMBLE £9

WARM CHOCOLATE BROWNIE £9

HANKY PANKY CHOCOLATE CAKE £9

BANOFFEE PIE £9

HOMEMADE BREAD AND BUTTER
PUDDING WITH CUSTARD £9

Side dishes



GARLIC BREAD WITH
MELTED MOZZARELLA
CHEESE £7

SAUTEED MUSHROOMS £9

CHILI SAUCE £4

GARLIC MASH £5

ROAST POTATOES £5

TOMATO RED ONION SALAD £6

SAUTEED SPINACH £6

MIXED VEGETABLES £7

Main Course



HOME MADE GROUND
BURGER £17

TAGLIATELLE CHICKEN
FILLET £17

CHAR-GRILLED MARINATED
CHICKEN BREAST £18

FLAMED BREAST OF CHICKEN £19

PAN FRIED CHICKEN £19

APRICOT GLAZED CHICKEN
BREAST £19

TRADITIONAL MOUSSAKA £17

FILLET OF LAMB WITH OREGANO £22

M L MIXED GRILL £27

KLEFTIKO (ROASTED KNUCKLE OF
LAMB) £24

CHAR GRILLED LAMB CHOPS WITH
RED WINE SAUCE £26

CHAR GRILLED LAMB STEAK £28

SCOTTISH SIRLION STEAK £34

Starters

WARM MEDITERRANEAN BREAD £6



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HUMOUS	£7	CHAR-GRILLED MARINATED CHICKEN WINGS	£8
MOZZARELLA, TOMATO AVOCADO SALAD	£8	CHAR-GRILLED MEDITERRANEAN KOFTE	£10
GARLIC STUFFED MUSHROOMS	£9	GRILLED FILLET OF SARDINES	£8
DICED FRIED AUBERGINES	£8	GRILLED MARINATED FRESH CALAMARI SALAD	£11
AUBERGINE NEST	£8	SAUTEED KING PRAWNS	£11
VEGETARIAN PEPPER DOLMA	£8	AVOCADO PRAWN COCKTAIL	£10
DEEP FRIED TRIO OF CHEESES	£9	KING PRAWNS BABY PRAWNS	£12
WARM GOATS CHEESE	£10	MIX MEZE	£21
CHAR-GRILLED HALLOUMI (CYPRIOT CHEESE) SALAD	£10	PENNE PROVENCAL	£16
SMOKED CHICKEN AVOCADO SALAD	£10	CHAR-GRILLED SARDINES	£17
PAN FRIED CHICKEN LIVERS	£10	SEAFOOD CASSEROLE	£21
DELETE DUPLICATE			

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Made with menulist.menu

Opening Hours:

Monday 11:00-23:00
Tuesday 11:00-23:00
Wednesday 11:00-23:00
Thursday 11:00-23:00
Friday 11:00-00:30
Saturday 11:00-00:30
Sunday 11:00-23:00