



Sprout At The Yard Menu

<https://menuweb.menu>

44 St Pirans Rd, Perranporth, England, TR6 OBJ, PERRANPORTH, United Kingdom
+447779278187 - <http://www.sprouthealth.co.uk/theyard>



On this site, you can find the **complete [menu](https://menuweb.menu) of Sprout At The Yard** from PERRANPORTH. Currently, there are **18** courses and drinks available. Nestled just moments from the beach, Sprout Café is a delightful find in Perranporth, offering a unique array of vegan food and beverages. Guests rave about the fragrant coffee, richly flavored hot chocolate, and a diverse selection of sweet raw cakes. The daily changing menu keeps patrons coming back for more, featuring hearty options like Sri Lankan lentil dhal and inventive salads. With friendly staff and a cozy outdoor seating area, Sprout provides a perfect atmosphere to savor wholesome dishes. A visit here promises not only delicious food but a charming experience, making it a must-try spot for any food lover.

Sprout At The Yard Menu



Vegetarian

CAULIFLOWER

Dessert

SALTED CARAMEL

Indian

CHICKEN CURRY

Mexican Dishes

CHILLI SAUCE

Hot Drinks

COFFEE

Hot Drink

HOT CHOCOLATE

Coffee

MATCHA LATTE

Condiments And Sauces

HUMMUS

Drinks

DRINKS

SMOOTHIES

These Types Of Dishes Are Being Served

SALAD

SOUP

Restaurant Category

VEGAN

MEXICAN

MEDITERRANEAN

Ingredients Used

CARAMEL

CHOCOLATE

MILK

Sprout At The Yard

44 St Pirans Rd, Perranporth,
England, TR6 OBJ,
PERRANPORTH, United
Kingdom

Opening Hours:

Monday 09:30 -16:30
Tuesday 09:30 -16:30
Wednesday 09:30 -16:30
Thursday 09:30 -16:30
Friday 09:30 -16:30
Saturday 09:30 -16:30

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