



## ***Terra & Mare Menu***

<https://menulist.menu>  
29 Shaw Road, Stockport, United Kingdom



**The Menu of Terra E Mare from Stockport** includes about 115 different menus and drinks. On average, you pay for a dish / drink about £13. What User likes about Terra E Mare:

absolutely fabulous experience! delicious food, excellent service. worth money. I couldn't owe it. definitely recommend this restaurant. a real shade in heaton moor. shhhh doesn't tell everyone!?!? [read more](#). What User doesn't like about Terra E Mare:

We had a great night on Saturday, 19 of us celebrating my partners 50th. (Apologies to any of the other guests if they found us to be too loud ???). Given the size of the party we were asked to pre order, which wasn't an issue. We were meant to be a party of 20 but a last minute cancellation was no problem for them. Food was great, service was fabulous and would definitely recommend. Thank you for looking after us?... [read more](#). At Terra E Mare from Stockport you can enjoy delicious vegetarian courses, in which no animal meat or fish was used, the place serves but also dishes from the European context. Additionally, you're in for original **Italian cuisine** inclusive of delicious classics like [pizza](#) and pasta.

# Terra & Mare Menu



## Salads

CAPRESE £7

## Non alcoholic drinks

TONIC WATER £3

## Appetizers

PEPPERS £2

## Soups

MINISTRONE £5

## Main courses

LASAGNA £11

## Snacks

BRUSCHETTA £5

## Fish dishes

GAMBERONI £10

## Salad

MIXED SALAD £4

## Drinks

CIDER £5

## Grill

FILLET ROSSINI £26

## Side Orders

CHUNKY CHIPS £4

## Quesadillas

CHICKEN, £2

## Rotwein

CHIANTI CLASSICO £27

## Carne

POLLO AL LA CRÈME £17

## Antipasti - starters

CARPACCIO £10

## Main Course

CHOICE OF SAUCES

## Beef

RIB EYE £20

## Risotto

RISOTTO PAESANA £12

## Pesce - Fisch

COZZE £9

## Calzone

CALZONE £12

## Juices

PINEAPPLE JUICE £3

## White wine

VERDICCHIO CLASSICO £25

# Terra & Mare Menu



## **Pizza bread**

KNOBLAUCHBROT

## **Risotto & Gratin**

RISOTTO AL FUNGHI £11

## **Whisky**

GLENFIDDICH £6

## **VIP ALL ATNIGHT Bottles**

HENNESSY £4

## **Alkoholische Getränke**

AVERNA £4

## **Vinos**

NERO D'AVOLA £26

## **Contorni**

ROCKET PARMESAN SALAD £4

## **Red Wine**

RIPASSO VALPOLICELLA £34

## **Antipasti (Starters)**

FUNGHI ALL AGLIO £8

## **Featured Items**

MIXED OLIVES £4

## **Red Wines**

PRIMITIVO (BOTTLE) £22

## **France**

BOLLINGER NV £63

## **Cognac**

MARTELL £5

## **Champagne & Sparkling Wine**

MOET ET CHANDON £56

## **Soft**

SLIMLINE TONIC £3

## **Italian Red**

BAROLO PIEMONTE £47

## **Wine by the Bottle**

MERLOT (BOTTLE) £21

## **Wine and Prosecco**

PINOT GRIGIO (BOTTLE) £22

## **CharGrill Specials**

FILLET STEAK £25

## **Mare e Terra**

POLLO PARMA £17

## **Soft Drinks, Fruit Juice & Mixers**

COCA COLA DIET COKE £3

# Terra & Mare Menu



## Sandwiches or Panninis

PARMA HAM £2

## Contorni - Tillbehör

PANE ALL'AGLIO £5

## Portata principale

RAGÙ DI CINGHIALE £13

## Medium 10" Pizzas

ANCHOVIES AND OLIVES £2

## Le Proteine

AGNELLO £20

## The Sideshow

SKIN ON FRIES £4

**These types of dishes are being served**

BREAD

## Side dishes

TOMATO RED ONION SALAD £4

ZUCCHINE FRITTE £4

## Champagne

PROSECCO (BOTTLE) £26

PROSECCO ROSO £26

## Restaurant Category

ITALIAN

## VEGETARIAN

## Seafood

FRIED SQUID £8

LOBSTER RAVIOLI £14

LINGUINE PESCATORE £14

## Pesce

BRANZINO VALENTINO £19

SALMON TERRA MARE £19

MERLUZZO PICCANTE £19

## Spirits

LEMONCELLO £4

SAMBUCCA £4

FRANGELICO £4

## Soft Drinks and Juices

CRANBERRY JUICE £3

SODA WATER £3

TOMATO JUICE £3

## Antipasti

PANE FRESCO DELLA CASA £3

FUNGHI CAPRINO £8

PATE TERRA MARE £8

COSTOLETTE DELLO CHEF £9

## Beers

PERONI (BOTTLE) £4

PERONI (PINT DRAUGHT) £6

PERONI (HALF DRAUGHT) £4

# Terra & Mare Menu



BUDWISER (BOTTLE) £4

## Ingredients Used

MUSHROOMS £2

CHEESE £2

SPINACH £4

GARLIC

## Soft drinks

WATER STILL SPARKLING (500ML) £4

LEMONADE £3

ORANGE JUICE £3

APPLE JUICE £3

COCA-COLA

## Pizza

PIZZA MARGHERITA £9

PIZZA PARMA £12

PIZZA MARINARA £12

POLLO E PARMIGGIANO £12

PIZZA VEGETARIANA £11

SPICY SAUSAGE £2

## Pasta

LINGUINE GAMBERONI £13



RAVIOLI £12

PENNE CON POLLO £12

PENNE PICCANTI £12

SPAGETTI CARBONARA £11

SPAGHETTI BOLOGNESE £10

TAGLIATELLI ALLA NORMA £11

PICCANTE £11

RISOTTO DI MARE £14

## Alcoholic Drinks



SANGIOVESE £23

CABERNET SAUVIGNON £24

MONTEPULCIANO £25

SHIRAZ £25

VALPOLICELLA £24

PRIMITIVO DI MANDURIA £34

AMARONE £63

PINOT GRIGIO BLUSH (BOTTLE) £22

GAVI £25

CHARDONNAY £24

SAUVIGNON BLANC £24

FRASCATI £25

GAVI DI GAVI £34

GRAPPA £4

MORETTI £4

# *Terra & Mare Menu*



## *Terra & Mare*

29 Shaw Road, Stockport, United Kingdom

### **Opening Hours:**

Monday 17:00 -22:00  
Wednesday 17:00 -22:00  
Thursday 17:00 -22:00  
Friday 17:00 -23:00  
Saturday 17:00 -23:00  
Sunday 15:00 -21:00

Made with [menulist.menu](https://menulist.menu)

