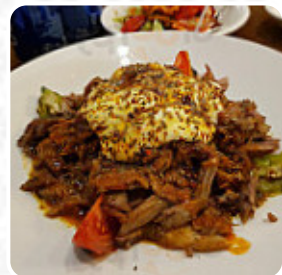




## ***Teras Grill Menu***

<https://menulist.menu>  
2-4 Clements Road, Redbridge, United Kingdom  
(+44)2085146920 - <http://www.terasrestaurant.co.uk/>



On this site, you can find the complete menu of Teras Grill from Redbridge. Currently, there are 15 courses and drinks available. For changing offers, please contact the restaurant owner directly. You can also contact them through their website. What [User](#) likes about Teras Grill: my first visit to a real Turkish restaurant in london and eating is very tasty. we had a selection of grilled meat and fish, rice, vegetables and it was a very unique experience for me. yum. [read more](#). In beautiful weather you can even eat and drink in the outdoor area. What [User](#) doesn't like about Teras Grill: worst experience ever in my life not 1 but 3 I ratted when I saw that they refused to pay, it will not touch with a 10'foot barge practice! customer service so rude the manager swore to me and so embarrassing that everyone saw. He told me. I'm not classified as being a customer because I only spent £5.00, I was destroyed! [read more](#). At Teras Grill in Redbridge, you'll find typical, traditional Kebabs in multiple variations along with the spices and spice mixes characteristic of the fine Turkish cuisine - either over a Lahmacun, in a Sucuk or in one of the fine salads with lentils or bulgur, The customers of the restaurant also appreciate the extensive variety of various **coffee and tea specialities** that the establishment has to offer. If you're still not sure, let the smell of freshly baked flatbread or the delicious, sticky temptation of fresh baklava convince you - the **Middle East** is quite certainly closer than you think, Easy digestible Mediterranean courses are also available.

# ***Teras Grill Menu***



## ***Salads***

SALAD

## ***Appetizers***

KEBAB

## ***Cereals***

STARTING

## ***Starters & Salads***

POTATOE CHIPS

FRIES

## ***Restaurant Category***

MEDITERRANEAN

HALAL

## ***Ingredients Used***

VEGETABLES

MEAT

TRAVEL

SALMON

***These types of dishes are  
being served***

FISH

BREAD

SALAD

LAMB

# ***Teras Grill Menu***



## ***Teras Grill***

2-4 Clements Road, Redbridge,  
United Kingdom

### **Opening Hours:**

Monday 11:00-23:00  
Tuesday 11:00-23:00  
Wednesday 11:00-23:00  
Thursday 11:00-23:00  
Friday 11:00-24:00  
Saturday 11:00-24:00

Made with [menulist.menu](https://menulist.menu)

