

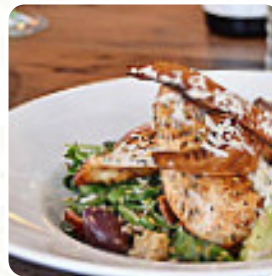


The Natural Kitchen New Street Square Menu

<https://menulist.menu>

1517 New Street Square EC4A 3AP, London, United Kingdom

+442073535787 - <http://www.thenaturalkitchen.com/>



[The Card](#) of The Natural Kitchen New Street Square from London includes about **188** different menus and drinks. On average, you pay for a dish / drink about £11. What [Will Hughes](#) likes about The Natural Kitchen New Street Square:

It was a very nice venue and also the service was very good. One of people in my party had a genuine issue with their food but this was dealt with very efficiently and we were not charged for it which was very nice of the venue [read more](#). The place also offers the possibility to sit outside and have something in pleasant weather, And into the accessible spaces also come visitors with wheelchairs or physiological disabilities. What [Tings Lisbon](#) doesn't like about The Natural Kitchen New Street Square:

Poor service. Guests who needed a quick lunch weren't allowed to sit at our table with take away food from the same restaurant. It would have been simple to put this on a plate and have them join us. Service was slow and unattentive. Not worth it given the cost of eating here. [read more](#). With the large variety of **coffee and tea specialties**, a visit to The Natural Kitchen New Street Square becomes even more attractive, Lovers of the English cuisine are impressed by the extensive variety of traditional menus and enjoy the taste of England. Typically, the burgers of this establishment are served as highlights along with sides like fries, leaf and cabbage salads or wedges, In addition, you'll find sweet delicacies, cake, simple snacks and chilled refreshments and hot beverages here.

The Natural Kitchen New Street Square Menu



Appetizers

HOMEMADE SOUP OF THE DAY £7

Sandwiches & Hot Paninis

HAMBURGER

Toast

TOAST

Eggy things

EGGS FLORENTINE £9

Fish dishes

FISH AND CHIPS

Seafood

SALT AND PEPPER SQUID

Breakfast

FRESH AVOCADO ON TOAST £8

Starters & Salads

RISOTTO

Fish

SMOKED SALMON

Fingerfood

CALAMARES

Starters

BREADED CAULIFLOWER BITES £7

Spirits

AMERICANO £3

*Ice cream**

VANILLA

Fresh Juices

PLAIN ORANGE

Green Smoothies

GREEN MACHINE

Paninis

MOZZARELLA BASIL PESTO

Lunch Specials

HOMEMADE MACARONI CHEESE

Risotto - Reisgerichte

RISOTTO SPECIAL

American Food

EGGS BENEDICT £10

Noodle

RAMEN

Beverages

JUICES

Contorni

ROCKET PARMESAN SALAD

The Natural Kitchen New Street Square Menu



Light Bites

GIANT COUSCOUS

For the Table

HOMEMADE SUPER SEED
PARMESAN CRACKERS £4

Refreshments

BUTTERMILK

Premium

ITALIAN PROSCIUTTO

Rose

GARNACHA ROSADO PALIDO
'AMPHORVM ' MUREDA, SPAIN

Lunch Entrées

BASIL PESTO PASTA

Brunch Feast

EGGS ROYALE £11

Breakfast Extras

SMOKED STREAKY BACON

Amuse Bouche

ORGANIC TEA

Light Mains

SMOKED HADDOCK FISHCAKES £15

Tea & Infusions

NATURAL KITCHEN ORGANIC TEA

Appetisers

BREADED TIGER PRAWNS £8

Cheese

MATURE CHEDDAR

Smaller Plates

HUMMUS FLATBREAD

Gulf Shrimp

CHAR-GRILLED

Hot Drink

HOT CHOCOLATE £4

Lunchtime Specials

BEEF BURGER CHIPS

Body Builder Omlette

EGG WHITE OMLETTE £10

Ruth's Famous Desserts

RASPBERRY CRÈME BRULEE £7

Home Comforts

ORZO PASTA

Drinks

DRINKS

The Natural Kitchen New Street Square Menu



Hot Drinks - Coffee

CORTADO

Healthy Sides

FRUIT PLATTER £30

Buffet Breakfast

BAKERY

Fresh Fruits & Sweets

INDIVIDUAL FRUIT SKEWERS X6 £17

Veggie Sandwich Platter

VINE RIPENED TOMATO MOZZARELLA
FRESH BASIL PESTO

Lunch & Supper Menu

PLAIN GRILLED CHICKEN BREAST
STEAMED GREENS

Teas \$5

INFUSIONS

Handmade Pizza's

COURGETTE

Lunch Set Menu (Available from 12 - 4pm)

VEGETARIAN MEZZE

Sandwiches

GREEK FETA

BREADED CHICKEN

Dessert

FLOURLESS CHOCOLATE TORTE £7

HARISSA

Popular Items

FARMHOUSE OMELET £9

OMG

Vegetarian Platter Options

HEMP, SWEET POTATO VEGAN CAKE

HOMEMADE HALLOUMI CAKE

Nonalcoholic Bubbles

ORGANIC CRANBERRY CRUSH

ORGANIC PASSION FRUIT GINGER BEER

Restaurant Category

GREEK

GLUTEN FREE

Main courses

SIDE SALAD

CALAMARI

NACHOS

Sweet Bites

MINI BROWNIE BITES X12 £17

MINI FLAPJACK BITES X12 £20

BUCKWHEAT ALMOND MILK PANCAKES

Hot drinks

MACCHIATO £2

The Natural Kitchen New Street Square Menu



FRESH BREWED ORGANIC COFFEE £14
HOT CHOCOLATE

SELECTION OF INDIVIDUALLY £10
PACKED ORGANIC TEAS

Súper Smoothies

CLEANSE (99KCAL)

ANTIOXI

RECHARGE

Sparkling

SPUMANTE 'EKUO ' BIO ORGANIC
BUBBLES, ITALY

PROSECCO SPUMANTE 'EXTRA DRY ' LA
JARA, ITALY

CHAMPAGNE BRUNO MICHEL BRUT NV
'LA CUVÉE BLANCHE ', FRANCE

Wrap Platter

HOMEMADE CHICKPEA HUMMUS

CHESHIRE GOATS CHEESE

BRITISH CHICKEN CAESAR

Mini Bagel Platters

SCOTTISH SMOKED SALMON DILL
CREAM CHEESE

BRITISH HAM CREAM CHEESE

VINE RIPENED TOMATO, BASIL CREAM
CHEESE OR VEGAN WITH GUACAMOLE

Classic Platter

LINE CAUGHT SKIPJACK TUNA

FREE RANGE HAM

CHAR GRILLED BRITISH CHICKEN

Salmon Fillet Platter Options

POACHED LEMON DILL

BLACKENED TERIYAKI

BAKED CHILLI CORIANDER

Vegetarian & Vegan

SUPERFOOD COURGETTI £14

VEGAN MUSHROOM BOLOGNAISE £14

NATURAL PROTEIN CURRY (NON £13
GMO)

MUSHROOM BOLOGNAISE £14

Recycled Cardboard

MIXED LEAF

BROCCOLI EDAMAME

CURRIED CAULIFLOWER CARROT

BROCCOLI, BUCKWHEAT SWEET
POTATO

Pastries

FRESH ARTISAN PASTRIES £3

BASKET OF ASSORTED MINI PASTRIES

ASSORTED ARTISAN MUFFINS

BASKET OF ASSORTED MINI MUFFINS

CHOICE OF INDIVIDUAL YOGURTS £4
AND GRANOLAS

Starters & Sharers

CRISPY SALT PEPPER SQUID £8

SPICY HARISSA CHICKEN SKEWERS £7

HOMEMADE NACHOS £7

VEGAN MEZZE £7

KN Soup OF THE DAY £7

The Natural Kitchen New Street Square Menu



Steak, Fish & Chicken

| | |
|---|-----|
| 21 DAY AGED FLAT IRON STEAK | £25 |
| NK FISH CHIPS | £15 |
| SEARED WILD LINE CAUGHT TUNA FILLET | £21 |
| CHARGRILLED BUTTERFLY CHICKEN BREAST OR BREADED CHICKEN BREAST ESCALOPE | £16 |
| SEARED WILD LINE CAUGHT TUNA FILLET | £21 |

These types of dishes are being served

STEAK
SALAD
TOSTADAS
TURKEY
BURGER

Puddings

| | |
|---|----|
| VEGAN BUCKWHEAT, ALMOND MILK BANANA PANCAKE | £6 |
| HOMEMADE FRESH LEMON CHEESECAKE | £6 |
| GOOSEBERRY, PEAR RHUBARB CRUMBLE | £6 |
| RASPBERRY CRÈME BRULÉE | £7 |
| JUDE'S 100% NATURAL ICE CREAM | £6 |
| BUCKWHEAT, ALMOND MILK BANANA PANCAKE | £6 |

White

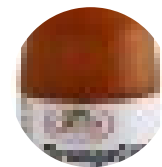
SAUVIGNON VERDEJO 'AMPHORVM' MUREDA, SPAIN
CHARDONNAY 'EKUO' CIELO E TERRE, ITALY

| | |
|--|-----|
| PINOT GRIGIO LA JARA VENETO IGT, ITALY | |
| PECORINO D'ABRUZZO TORRI CANTINE, ITALY | £35 |
| PICPOUL DE PINET DOMAINE DE CAMP AUCELS, FRANCE | £39 |
| SAUVIGNON BLANC 'BRIGHTSIDE' NELSON, NEW ZEALAND | £45 |

Red

| | |
|---|-----|
| TEMPRANILLO SYRAH 'AMPHORVM' MUREDA, SPAIN | |
| MERLOT 'EKUO' CIELO E TERRE, ITALY | |
| RIOJA TINTO 'QUINTO ARRIO' NAVARRSOTILLO, SPAIN | |
| MONTEPULCIANO D'ABRUZZO TORRI CANTINE, ITALY | £35 |
| MALBEC 'CHINCHERO' MENDOZA, ARGENTINA | £39 |
| PINOT NOIR MOULIN BLANC J. MOURAT, FRANCE | £45 |

Juices



| | |
|------------------------|----|
| FRESHLY PRESSED ORANGE | £5 |
| FRESH CLOUDY APPLE | £4 |
| ORGANIC CRANBERRY | £5 |
| ISLE OF WIGHT TOMATO | £4 |
| CARROT JUICE | |
| FRESH CLOUDY APPLE | £4 |
| SPICY ENGLISH TOMATO | £4 |

Coffee



| | |
|------------|----|
| CAPPUCCINO | £3 |
| ESPRESSO | £2 |
| FLAT WHITE | £3 |

The Natural Kitchen New Street Square Menu



| | |
|------------|----|
| MOCHA | £4 |
| LATTE | £3 |
| CHAI LATTE | £4 |
| COFFEE | |

Natural Kitchen Burgers

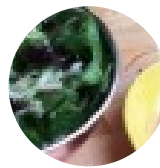
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|--|-----|
| NK 8OZ BEEF BURGER | £13 |
| GREEK STYLE LAMB BURGER | £13 |
| CHARGRILLED BRITISH CHICKEN BREAST BURGER | £12 |
| VEGAN BURGER LENTIL, SWEET POTATO, HEMP PUMPKIN SEED | £13 |
| HALLOUMI, CARROT BROCCOLI BURGER | £13 |
| SPICY SALMON BURGER | £13 |
| BURGER LENTIL, SWEET POTATO, HEMP PUMPKIN SEED | £13 |

Breakfast Rolls

| | |
|-------------------------------------|----|
| DRY CURE BACON ON CIABATTA ROLL | £5 |
| DRY CURE BACON EGG ON CIABATTA ROLL | £6 |
| SAUSAGE ON CIABATTA ROLL | £5 |
| SAUSAGE EGG ON CIABATTA | £6 |
| BACON SAUSAGE ON CIABATTA ROLL | £7 |
| MUSHROOM EGG ON CIABATTA ROLL | £5 |
| TOMATO MOZZARELLA ON CIABATTA ROLL | £5 |
| HAM CREAM CHEESE ON CIABATTA ROLL | £5 |

Ingredients Used

BLUE CHEESE



APPLE
QUINOA
CHOCOLATE

STRAWBERRY

WE HAVE

SALMON

CHICKEN

JALAPENOS

VEGETABLES

Salads



BRITISH CHICKEN BREAST CRISPY SMOKED PANCETTA £15

ASIAN BLACKENED TERIYAKI SALMON FILLET £17

WILD LINE CAUGHT TUNA LOIN £18

TURMERIC SPICED CHICKPEA FALAFEL £14

CRUNCHY VEGAN DETO £13

CRISPY HALLOUMI CHEESE £15

DETOX

SUPERFOOD

GRILLED HALLOUMI

CRUNCHY VEGAN DETOX £13

SALMON SALAD

SALAD

Breakfast - Brunch

JUMBO OAT QUINOA PORRIDGE £6

GRANOLA AND COCONUT YOGHURT £7

HOMEMADE VEGAN BUCKWHEAT, ALMOND MILK BANANA PANCAKES £8

NK ENGLISH BREAKFAST £12

The Natural Kitchen New Street Square Menu



| | |
|---|-----|
| NK VEGETARIAN BREAKFAST | £11 |
| NK VEGAN SWEET POTATO CAKE W/ HEMP, LENTIL, OAT PUMPKIN SEED | £9 |
| MANUKA SMOKED SALMON FREE RANGE SCRAMBLED EGGS | £10 |
| OMEGA 3 BREAKFAST | £9 |
| FREE RANGE POACHED EGGS HOMEMADE GUACAMOLE | £10 |
| DRY CURED STREAKY BACON FREE RANGE FRIED EGGS | £9 |
| ORGANIC SOURDOUGH TOAST | £4 |
| FARMHOUSE 'WHOLE EGG ' OMELETTE | £9 |
| EGG 'WHITE ONLY ' OMELETTE | £10 |

Side dishes

| |
|-------------------|
| FRESH AVOCADO |
| SAUTEED MUSHROOMS |



| | |
|---|----|
| SKIN ON CHIPS | £4 |
| CHUNKY SWEET POTATO PAPRIKA CHIPS | £5 |
| MACARONI CHEESE, TRUFFLE OIL, ONION CRUMB | £5 |
| SUMAC DUSTED SEASONAL STEAMED GREENS | £5 |
| MIXED LEAF CHERRY TOMATO SALAD | £4 |
| CARROT, CABBAGE CHIA SEED KALE SLAW | £4 |
| ROCKET, PARMESAN AGED BALSAMIC | £4 |
| STICKY RED RICE | £4 |
| KALESRAW | |
| FREE RANGE EGG | |
| PARMESAN TRUFFLE CHIPS | £5 |
| LOMO | |

The Natural Kitchen New Street Square Men



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3AP, London, United Kingdom

Opening Hours:

Monday 07:00-17:00
Tuesday 07:00-17:00
Wednesday 07:00-17:00
Thursday 07:00-17:00
Friday 07:00-17:00

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