

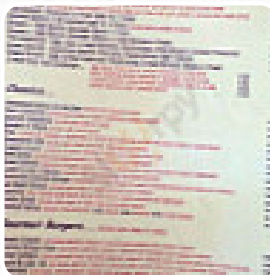
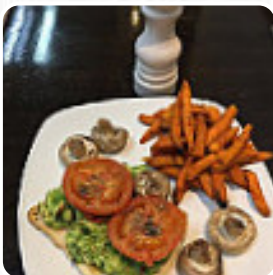


Rowans Menu

<https://menulist.menu>

135-137 High Street, Redbridge, United Kingdom

+442085516655 - <https://www.facebook.com/Rowans-111108808956168/>



On this website, you can find the [complete menu](#) of Rowans from Redbridge. Currently, there are 8 meals and drinks available. For **seasonal or weekly deals**, please contact the owner of the restaurant directly. You can also contact them through their website. What [User](#) likes about Rowans: my hubby and I have breakfast this morning. the best always hash-browns I had was mushroom delicious and eier did as I like them, and presentation was great. I would definitely be served the best breakfast in ilford again. I will be friends and family also recommend the atmosphere and the cafe is so relaxing, beautiful and clean. love it [read more](#). The restaurant and its rooms are wheelchair accessible and thus usable with a wheelchair or physical disabilities, Depending on the weather, you can also sit outside and be served. What [User](#) doesn't like about Rowans: I visited this restaurant and was overcharged. I've since been told by several people that they have a reputation for it. They tried me out, didn't get away with it as I wrote down the prices as I went along and presented them with it at the till. I had a jacket potato with one filling but they tried to charge me for two. I refused to pay it and I didn't leave a tip. If you don't mind being ripped off, do visit as th... [read more](#). At Rowans from Redbridge it's possible to taste delicious [vegetarian](#) dishes, that were made without any animal meat or fish, You'll also find tasty bites, cake, small snacks and chilled refreshments and hot drinks here. If you decide to come for breakfast, a **tasty brunch** is ready for you, The tasty sandwiches, healthy salads and other snacks are also suitable for a snack.

Rowans Menu

Salads

COLESLAW

Lunch

CLUB SANDWICH

For the small hunger

BAGEL

Soft drinks

JUICE

Milkshakes

MILKSHAKE

Beverages

JUICES

Popular Items

SMOOTHIES

Coffee

COFFEE

Drinks

DRINKS

Restaurant Category

VEGAN

Ingredients Used

BEEF

EGGS

These types of dishes are being served



SANDWICH

PANINI

SALAD



Rowans Menu



Rowans

135-137 High Street, Redbridge,
United Kingdom

Opening Hours:

Made with menulist.menu

