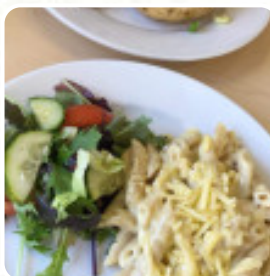




## Fit Food Bistro Glasgow Menu

<https://menuweb.menu>

Glasgow Outdoor Experience, Glasgow City, United Kingdom  
+441412215888, +441415529449 - <http://summitcafe.co.uk>



Here you can find the [menu](https://menuweb.menu) of **Fit Food Bistro Glasgow** in Glasgow City. At the moment, there are **26** meals and drinks on the food list. The Fit Food Bistro, located inside the Tiso Outdoor Experience shop in Glasgow, has a mix of reviews from disappointed customers to loyal fans. While some had issues with the cleanliness, menu changes, and indifferent staff, others praised the delicious food, friendly service, and generous portions. The cafe offers fresh, healthy options including soups, sandwiches, and home baking. With a variety of choices and reasonable prices, the Fit Food Bistro seems to cater to different tastes despite some inconsistencies in customer service. Overall, it's a hidden gem worth a visit for a satisfying meal in a unique setting.

# Fit Food Bistro Glasgow Menu



## Soups

LENTIL SOUP

## Sushi Rolls

SUSHI

## Side Dishes

BAKED POTATO

## Drinks

DRINKS

## Sauces

MAYO

## Noodle

RAMEN

## Hot Drinks

COFFEE

## Hot Drink

HOT CHOCOLATE

## Sides

BRIE

## Restaurant Category

ITALIAN

## Sandwiches

BLT

B.L.T.

## These Types Of Dishes Are Being Served

PANINI

SOUP

FISH

CHICKEN

BREAD

SALAD

## Ingredients Used



BACON

CRANBERRY

SAUSAGE

CHOCOLATE

OLIVES

TUNA

EGG

CHEESE

# Fit Food Bistro Glasgow Menu



## Fit Food Bistro Glasgow

Glasgow Outdoor Experience,  
Glasgow City, United Kingdom

**Opening Hours:**

Made with [menuweb.menu](https://menuweb.menu)

