

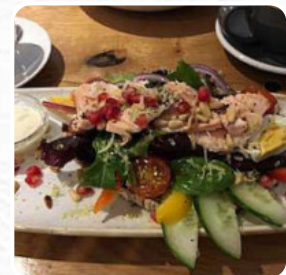


Fred And Doug's Menu

<https://menulist.menu>

148 High Street, Epping Forest, United Kingdom

+441992574242 - <http://www.facebook.com/Fred-Dougs-1500329740291741/>



A comprehensive menu of Fred And Doug's from Epping Forest covering all 16 menus and drinks can be found here on the food list. For **seasonal or weekly deals**, please get in touch via phone or use the contact details provided on the website. What [User](#) likes about Fred And Doug's:

I usually make care to get overheated the wrong milk or the non-milk milk and ruin the taste of my coffee, but these youngs get it perfectly every time, tastes always like a dream! they also use deer [read more](#). The restaurant offers complimentary WLAN for its guests, Depending on the weather, you can also sit outside and eat and drink. What [nbatrouni](#) doesn't like about Fred And Doug's:

Great coffee and friendly arrival however they had ran out of Smoked salmon and we were left waiting with 2 hungry children for 45 mins before anyone even approached us. Then we were told they had to go out to get some salmon. Our food still took another 20/30 mins to arrive. In the meantime my husband had to move the car and actually missed his food arriving at the table. No apology, nothing offered to apologise. Re... [read more](#). At

Fred And Doug's in Epping Forest, there are fine sandwiches, healthy salads and further snacks for quick hunger, as well as hot and cold drinks, Also, the guests of the restaurant love the comprehensive variety of various [coffee and tea specialities](#) that the establishment has to offer. Look forward to the enjoyment of **scrumptious [vegetarian](#) dishes**, here they serve a *appetizing brunch* for breakfast.

Fred And Doug's Menu



Non alcoholic drinks

WATER

10 most popular

BAGUETTE

Fish

SMOKED SALMON

Beverages

JUICES

Hot drinks

TEA

Hot Drink

HOT CHOCOLATE

Coffee

CAFÉ

These types of dishes are being served

PANINI

TOSTADAS

Ingredients Used

MILK

CHOCOLATE

BACON

MOZZARELLA PASTA

PESTO

BANANA

CARAMEL

Fred And Doug's Menu



Fred And Doug's

148 High Street, Epping Forest,
United Kingdom

Opening Hours:
Sunday 08:00-15:30
Monday 08:00-16:00
Tuesday 08:00-16:00
Wednesday 08:00-16:00
Thursday 08:00-16:00
Friday 08:00-16:00
Saturday 08:00-16:00

Made with menulist.menu

