



Health Shack Menu

<https://menulist.menu>
Lancaster Road, Preston I-, United Kingdom
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A complete menu of Health Shack from Preston covering all **16** menus and drinks can be found here on the menu. For changing offers, please get in touch via phone or use the contact details provided on the website.

What [User](#) likes about Health Shack:

got that eating here is worth trying to eat with a reasonable price for amazing quality and with a surprisingly great part. the main attraction is to create your own meal box with different meat, fish and vegetables. I recommend the steak and pfefferminz sauce as it was amazing! [read more](#). With the extensive selection of **coffee and tea specialties**, a visit to Health Shack becomes even more attractive, The *light and healthy menus* on the menu also rate among the favorite dishes of the guests. Look forward to the enjoyment of fine vegetarian dishes, Forbreakfast a versatile brunch is offered here.

Health Shack Menu



Appetizers

SATAY

Drinks

SMOOTHIES

Starters & Salads

FRIES

Halloumi

HALLOUMI

Soft drinks

JUICE

Side Order

BROWN RICE

Coffee

CAFÉ

Side dishes

SWEET POTATO FRIES

MASHED POTATOES

*These types of dishes are
being served*

FISH

TUNA STEAK

Ingredients Used

SALMON

MEAT

VEGETABLES

CHICKEN

CHEESE

Health Shack Menu



Health Shack

Lancaster Road, Preston L-,
United Kingdom

Opening Hours:

Monday 11:30-21:00
Tuesday 11:30-21:00
Wednesday 11:30-21:00
Thursday 11:30-21:00
Friday 11:30-21:00
Saturday 11:30-21:00

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