



Tabla Ilford Menu

<https://menuweb.menu>

300-310 High Road, Redbridge, United Kingdom

+442085144400, +442045144400 - <http://www.tabla-ilford.com/contactus.html>



A comprehensive [menu](#) of Tabla Ilford from Redbridge covering all 16 courses and drinks can be found here on the menu.

Tabla Ilford Menu



Side Dishes

RICE

Lamb

ROGAN JOSH

Chicken

KARAH

Mexican Dishes

CHILLI SAUCE

Hauptgerichte Mit Lammfleisch

DOPIAZA

Indian Rice

MUSHROOM RICE

Indian Dessert

HALWA

Ingredients Used

BUTTER

Indian

ALOO GOBI

CHICKEN CURRY

Restaurant Category

DESSERT

VEGETARIAN

These Types Of Dishes Are Being Served

CHICKEN

ICE CREAM

BREAD

LAMB

Tabla Ilford

300-310 High Road, Redbridge,
United Kingdom

Opening Hours:

Tuesday 12:00-15:00
Wednesday 12:00-15:00
Thursday 12:00-15:00
Friday 12:00-15:00
Saturday 12:00-15:00
Sunday 12:00-15:00

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