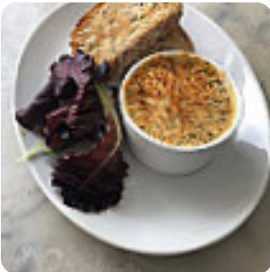




## ***Plough Sail Menu***

<https://menulist.menu>  
East End, Rochford, United Kingdom  
+441702258242 - <http://theploughandsail.co.uk>



On this site, you can find the **complete menu** of **Plough Sail** from Rochford. Currently, there are 18 menus and drinks up for grabs. For **changing offers**, please contact the owner of the restaurant directly. You can also contact them through their website. What [Bobby C](#) likes about Plough Sail:

Had to share this, just had the best fish and chips I've ever had in a pub. The crispiest batter on the planet! Massive piece of cod, cooked perfectly and good big portion of chips. I've been going to the plough for a while now and never had a bad meal, love it! [View all feedback](#). What [cgreen911](#) doesn't like about Plough Sail:

Nice food service but three of us out of have had bad sickness and runs in the toilet we all had prawn cocktail starter and two of us had scampi two had pie waiting to see if forty person goes down with lunch was 1pm sickness started by 4.30 first one then further two having sickness and going to loo lots. Will call restaurant think they need to know prawns maybe a problem. still feeling ill at 18.45. [View all feedback](#).

# Plough Sail Menu

## Appetizers

PRAWN COCKTAIL

## Fish dishes

FISH AND CHIPS

## Seafood

PRAWN

## Side dishes

SCAMPI

## Starters & Salads

POTATOE CHIPS

## Fish

SEA BASS

## Sauces & Butters

GARLIC BUTTER

*These types of dishes are being served*

FISH

SALAD

TUNA STEAK

LAMB

## Ingredients Used



CHICKEN

GARLIC

BUTTER

LETTUCE

CUCUMBER

TUNA

PRAWNS



# *Plough Sail Menu*



## *Plough Sail*

East End, Rochford, United Kingdom

Made with [menulist.menu](https://menulist.menu)

### **Opening Hours:**

Sunday 12:00-22:00

Monday 12:00-15:00 18:00-22:00

Tuesday 12:00-15:00 18:00-22:00

Wednesday 12:00-15:00 18:00-22:00

Thursday 12:00-15:00 18:00-22:00

Friday 12:00-15:00 18:00-23:00

Saturday 12:00-23:00

 gallery image