



El Vergel Menu

<https://menulist.menu>
United Kingdom, London
+442074012308,+447956527409



The Menu of El Vergel from London contains about **83** different dishes and drinks. On average, you pay for a dish / drink about £4.

El Vergel Menu



Non Alcoholic Drinks

SPRITE £1

Appetizers

BROCCOLI SOUP £3

10 Most Popular

EMPANADA DE CARNE £4

Starters & Salads

POTATO CHIPS

Starters

TOSTADA £5

Fresh Juices

CARROT JUICE £3

Juices

CARROT JUICE £3

Bevande

TROPICAL JUICE £3

Jugos Naturales

CARROT AND ORANGE JUICE £3

Bread

VILLAGE BREAD £1

Indian Vegetarian

MIXED VEGETABLE £3

Extra Toppings

PUMPKIN £3

Dessert Menu

CHOCOLATE MOUSSE £3

Extra Side Orders

PEBRE £3

Create Your Own Salad

BASE SALAD £5

Lighter

SMOKED MACKEREL SALAD £7

Condiments And Sauces

HUMMUS £3

Antojitos Mexicanos (Mexican Favorites)

TORTA MEXICANA £5

Soups Stews Salads

EMPANADA DE ESPINACA £4

Restaurant Category

MEDITERRANEAN

Pizza Standard - 28Cm

TANGO £1

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Soups

LEEK AND POTATO	£3
SPINACH SOUP	£3

Side Dishes

LEAF SALAD	£4
KIDNEY BEAN SALAD	£6

Sauces

SALSA	£3
GUACAMOLE	£3

Dessert

CHEESECAKE	£3
GREEK YOGHURT AND HONEY	£3

Soup

LENTIL SOUP	£3
CHICKEN BROTH	£3

Empanadas

EMPANADA DE QUESO	£4
EMPANADA DE MARISCO	£4

Ingredients Used

ONION	£3
TOMATO	£3

Soft Drinks

COCA-COLA	£1
ORANGE JUICE	
HARROGATE STILL WATER	£1

HARROGATE SPARKLING WATER	£1
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Salads



MEDITERRANEAN SALAD	£6
TUNA FISH SALAD	£7
PRAWN SALAD	£7
SMOKED SALMON SALAD	£7
RUMP STEAK SALAD	£7
SIDE SALAD	£4

Uncategorized



FREE RANGE EGG MAYONNAISE AND CRESS ON VILLAGE BREAD	£4
FREE RANGE SCRAMBLED EGGS AND PINTO BEAN WRAP WITH GUACAMOLE AND A SPRINKLE OF FETA CHEESE	£8
GREEK HALOUMI CHEESE SALAD	£6
SPANISH POTATO TORTILLA SALAD	£6
BABY SPINACH TORTILLA SALAD	£6
GREEK YOGHURT AND HONEY WITH CRUSHED ALMONDS AND CINNAMON	£3
REFRIED BEANS	£3
POT OLIVES	£3
SHREDDED CHICKEN BREAST SALAD	£7
SALMON AND CUCUMBER ON VILLAGE BREAD	£4
TORTA MEXICANA, REFRIED BEANS, CHICKEN BREAST, CHEESE, SALSA AND GUACAMOLE ON VILLAGE BREAD	£5
HUMMUS AND CRESS ON VILLAGE BREAD	£4

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REFRIED BEANS, PEPPERS, LETTUCE AND GUACAMOLE ON VILLAGE BREAD	£4	CORN TORTILLAS WITH CHARGRILLED BACON AND GUACAMOLE	£6
CHICKEN AND GUACAMOLE ON VILLAGE BREAD	£4	CORN TORTILLAS WITH FREE RANGE SCRAMBLED EGGS AND CHORIZO	£7
SHREDDED CHICKEN BREAST AND SALAD ON VILLAGE BREAD	£4	GREEK YOGHURT WITH FRESH FRUIT, GRANOLA AND AGAVE HONEY	£5
FETA CHEESE, RED PEPPERS, OLIVES AND SALAD ON VILLAGE BREAD	£4	FRESHLY BAKED VILLAGE BREAD WITH JAM AND BUTTER	£3
HALOUMI CHEESE WITH TOMATO AND CUCUMBER ON VILLAGE BREAD	£4	BACON AND BABY SPINACH WRAP WITH MELTED CHEESE AND CHOPPED TOMATOES	£8
SALMON AND GUACOMOLE ON VILLAGE BREAD	£5	CHURRASCO PALTA	£6
TLAYUDAS, FLOUR TORTILLA MEXICAN WRAP	£8	CHURRASCO QUESO	£6
HUEVOS RANCHEROS	£8	ADD A THIRD TORTILLA TO YOUR MAIN TACO ORDER	£2
DICED CHORIZO, FREE RANGE SCRAMBLED EGGS AND ROCKET ON RYE TOAST	£9	SPANISH POTATO TORTILLA	£3
FREE RANGE SCRAMBLED EGGS ON RYE WITH OLIVE OIL AND ROCKET WITH SMOKED SALMON	£9	BABY SPINACH TORTILLA	£3
FREE RANGE SCRAMBLED EGGS ON RYE WITH OLIVE OIL AND ROCKET WITH SMOKED MACKEREL	£9	SHREDDED CHICKEN BREAST TACO (GLUTEN FREE)	£5
FREE RANGE SCRAMBLED EGGS IN A MILD PIQUANT SALSA SAUCE WITH KIDNEY BEANS, VILLAGE BREAD BACON	£9	DICED BEEF TACO (GLUTEN FREE)	£5
		DICED BEEF AND ROCKET TACO (GLUTEN FREE)	£5
		FETTA CHEESE TACO (GLUTEN FREE)	£5

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United Kingdom, London

Opening Hours:

Monday 8-15:00

Tuesday 8-15:00

Wednesday 8-15:00

Thursday 8-15:00

Saturday 10-16:00

Made with menulist.menu

